



Dear Medical Provider,

Your patient has requested a cosmetic service that disrupts the lip tissue. Please note it is very common and standard practice for all cosmetic services on or near the lips to use a prophylactic antiviral medication to prevent any type of break-out.

Medication for labial herpes / antiviral ex: Valtrex

The treatment stratification of suppressive therapy is based on the annual number of recurrences. Suggested dosage:

For patients with <10 annual recurrences, 500mg of daily Valacyclovir is recommended, 4-5 days prior to procedure **and** 4-5 days after.

For patients with >10 recurrences, 1,000mg Valacyclovir daily, 4-5 days prior to procedure **and** 4-5 days after.

Please feel free to contact me at 416-629-6936 or at veronicatran@prettyinthecity.ca if you have any questions.

Best regards,

Veronica Tran
Permanent Cosmetic Technician
Pretty In The City Inc.